



Advantages and Disadvantages of Online Learning Amidst the Pandemic



Xiu-yin Mao, Yun-di Liao,
Yuan-Yuan Huang

When it comes to the most terrible thing in 2021, Taiwanese may think of the COVID-19. Although the breakout of the pandemic was a short holiday and they were ready to take a rest, the fact makes them upset. Eventually, students were forced to accept a completely different way of learning. We have to study online, which is very unfamiliar to us. Thus, we want to further understand students' perspectives in digital learning.

There are a lot of advantages to distance learning. One of the advantages that most students will mention is that they can have flexible schedules. It allows students not to spend time commuting, and we have more time to study or take a break. In December, 2019, Taiwan's excellent means of epidemic precaution was internationally praised. But the sudden virus disrupted people's pace of life, the government urgently ordered people to stop working at the workplace and learning in school.

Initially, most students considered that they would have enough sleep. And as the teachers can't see us in class, we can not only feel comfortable and stress-free but also have meals freely and move as much as desired in class. We don't need to worry about disturbing other students and create a more relaxed and pleasant class atmosphere. Due to the fact that we don't need to go school, we have no dress code. In this way, we are always able to wear what we feel cozy. In addition to these benefits, online learning enables us to develop our technical skills. In the modern era of digitalization, it is

absolutely in line with the trend of the times to develop good scientific and technological learning literacy and use habits. From my personal experience, I learned how to report with screen sharing and online whiteboards.

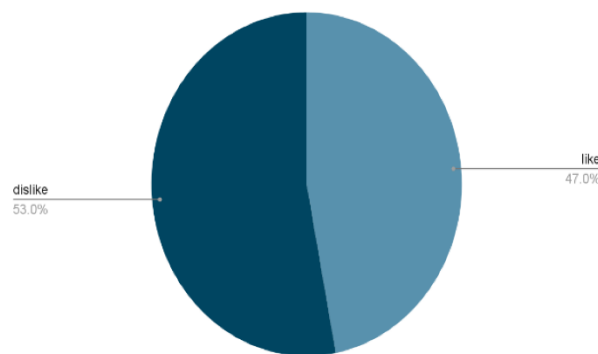
Nevertheless, every coin has two sides. There are also several disadvantages of digital learning. First and foremost, failure to communicate and interact face-to-face will be easily distracted in class because we lack the teachers' supervision and peer pressure. If we are not careful, we are likely to be attracted to the things around us. It is also difficult for teachers to observe students'

expressions to give us immediate feedback. It is strenuous to keep concentrating on what teachers say via distance learning. Moreover, some experimental courses may be difficult to carry out. These courses need chemical materials and instruments, which most families do not have.

Next, when we need to take the exam, there is a problem: the fairness of the exam. According to a survey in the United States, it is quite common for students to cheat during online classes. Taiwan is no exception. We can't guarantee that every student won't cheat in the exam. Therefore, students who work hard can't get better grades, which also makes our learning achievements worse and worse. This is a terrible thing we don't want to see.

From what has been discussed above, we know that every student has different thoughts concerning the issue. We may reasonably arrive at the conclusion that everything has its pros and cons. How to solve the cons is a dominant issue.

Students' feedback



Different Opinions on Voting Age to be lowered to 18

Most countries have entitled teenagers of age 18 to vote, but not in Taiwan in 2007.

Oskar Chen, Mandy Tsai

The reason is that the voting age has been stagnant in Taiwan for 67 years, which has two major grounds. First of all, due to the difficulty of amending the constitution, stagnation of voting age is hard to change.

The second reason is "Ageism". One of the basic rights of a democratic society is voting and freedom of assembly and association. Age is the key factor that symbolizes the ability of rational judgment and rights in society. And maturational age is defined by adults; therefore, it causes ageism.

Taiwan Alliance for Advancement of Youth Rights and Welfare has conducted a poll

against "The viewpoint about voting age to be lowered to 18." The poll shows that people generally recognize that teenagers are not able to have the rights of the democratic society, including voting and freedom of assembly and association. It indicated that Taiwan's society has no confidence in teenagers' political and social participation. So, it becomes a hindrance to the voting age to be lowered to 18.

However, 18-year-old teenagers are always in a state of inequality where they need to have civic responsibility but are not able to enjoy the same rights as citizens. They are required to assume most of the obligations.

For example, they must declare the tax, fulfill the

mandatory military service and take the rap, to name just a few. With the required obligations mentioned above, they are still not acknowledged as a citizen. Hence, they don't have a channel to voice for themselves and legally participate in public policies. The situation has led to the unreasonable phenomenon that they bear the same responsibilities but are not granted the same rights

According to The International Covenant on Civil and Political Rights (ICCPR), the regulation for the minimum age limit of suffrage should be in accordance with objective and legitimate standards. However, our citizens usually object to lowering the voting age because of concerns about teenagers' physical and mental maturity. This phenomenon indicates that they ignore social changes, and it will limit and deprive the civil rights of teenagers.

The age 18 is the mainstream age for exercising citizenship around the world. Even though nearly ninety percent of countries have given teenagers of age 18 voting rights, still many domestic people opposed the issue by excuses of insufficient to their



Teacher Ms. Yi-zhen Dai also agreed with it. In her opinion, teenagers can practice media literacy through the poll and push themselves to know better about the thoughts of the public.

physical and mental maturity. They consider teenagers to be manipulated by the party, have no judgment about policy and don't have enough Civics education, etc. So they still remain skeptical and reject the voting age lowered to 18. We have to say, those kinds of grounds we mentioned above fully how those adults have Ageism and no confidence in teenagers. Nowadays, there's still not enough evidence to prove whether 18-year-olds are not mature enough to vote. After all, the civic maturity of a society depends on citizens' active participation in public affairs. It is precisely because we have not created an environment that

supports the preparation of young people early to participate in public affairs. With exam-oriented education, we tend to believe those who have gotten higher education. On the other hand, it deprives the basic rights of teenagers who cannot receive higher education or enter the workplace early.

After 24 years, the fact that people became more accepting about voting age lowered to 18 in 2021. Most of the interviewees agree with it, seven agree and only one opposite. One of the students on the opposite side has said '18 years old is still not mature enough. With a narrow horizon may be easily misled.'

Potential Crisis- Food Waste

Xiu-yin Mao, Yun-di Liao, Yuan Huang

The human race has entered a completely new stage in its history, with the increasingly rapid economic globalization and urbanization, more problems are brought to our attention. Recently, the problem of food wasting has aroused people's concern. According to research conducted by UNEP, people waste almost 1 billion tons of food a year. It is a problem that everyone has to be aware of.

As a high school student, we don't have the capability to convert the world. We can only make an all-out effort. With an eye to reducing the amount of wasted food, we decided to investigate the students' thoughts to see if they had observed food waste on campus.

We interviewed a classmate named Alice. She believes that food shortage is a severe crisis faced by modern people. "Everyone has the obligation to solve this problem," she said. "We know that the problem about

waste food comes from many lunches that were poured out. Many people just know it and don't take it to heart. Everyone should understand that farmers plough in the sun."

Another classmate is Joy. In her perspective, most students have a habit of picky food, which causes many foods to be thrown away in landfills, where it decomposes and emits methane, a potent greenhouse gas. That is a more crucial problem to our earth. We need to find a better way to deal with food waste, but we need to prevent it in the first place. After interviewing several students, we found that most students have a habit of picky food. The reason for being picky about food is that they don't know enough about the seriousness of the matter. It is time to stand together to resolve the problem. If everyone contributes to protecting the environment, the earth will become much more beautiful and sustainable.



Teacher Mr. Shui-qing Liu said it will be great that more people participate in voting to show more diverse thoughts.

The Top Three Preferable Places for HWSH Students to Study Real Bargain Delicacies in Huwei

Chong-hao Shan, Zhi-xian Liu

As a senior high school student, schoolwork is a significant part for us in our life, not to mention the General Scholastic Ability Test that we need to prepare for. We would like to search for a cozy place to study. Some students also prefer to study at home because our room is the most comfortable area for ourselves. However, some students tend to search for a tranquil place for studying. Therefore, we did a survey about the most popular place for students to study in Huwei. According to our research, we can learn that nearly 54% of students prefer to study in the library, and 46% of students tend to study at café. Among all the places

students like to go to, Hu Wei Public Library is the highest, accounting for 43% .Second is Louisa café, accounting for 25% .Third is LEVIN MO café, accounting for 14% .

Huwei County Library

According to our research, Huwei County Library is the most popular place for HWSH students. There are two main reasons why students opt for Hu Wei County Library. First, there is good public transportation. Huwei County Library is the closest library to Hu Wei senior high school where students only need to spend five minutes going there by bike. Second, there is a room for individual study, it is a quite quiet place for students. All in all, Huwei County Library is a suitable and convenient place for



students to study.

Louisa café

Among all the café in Hu Wei, Louisa café is the most popular one for students. According to the survey, we sort out two major reasons. Firstly, it is a short distance from Louisa café to Hu Wei senior high school, which has convenient transportation as well as Huwei County Library. Students can arrive at Louisa café by bike or on foot in a short time. Secondly, Louisa café not only has a bright environment but offers budget coffee and snacks. We can enjoy delicate cakes with a cup of latte when we are tired of studying. Generally speaking, Louisa café is also a comfortable place for studying.

LEVIN MO café

According to our survey, students think that LEVIN MO café is a popular place, although



it takes more time to get there. Some students like the music there, others enjoy the relaxed atmosphere, others are fond of the spacious place. Aside from that, LEVIN MO café is located on the main road, near students' home. Consequently, many students tend to study at LEVIN MO café.

Apart from those places, many students recommend other places as well. For instance, the Library of National Formosa University, Starbucks and 85°C are also ideal places for students to study. To sum up, creating a cozy and tranquil environment to study concentratedly is a greatly significant thing. We hope that this report can help everyone

looking for a suitable place for ourselves.

Yu-ting Pan, Yuan-jie Lin

As local residents in Huwei, we all think that there are a variety of delicacies not only savory but also cheap in Huwei. Thus, we list three snacks of choice there.

The first one is Pork Thick Soup located on Zhongyang Street. When we enter the store, we are attracted by its signature dish: the thick noodle soup with pork. It is a large quantity but a low price. You can spend merely 40 NT dollars to get one. Besides, the cabbage rolls, cooked with sesame oil, taste crisp outside and tender inside and just cost you 20 NT dollars. It is another popular meal in this stand that is really complementary to the thick noodle soup with pork.

The second one is Peking Patty, which is on Hua Nan Road. The patty it sells has three flavors, including pork, beef and red bean. The pork patty and the beef patty are both juicy and elastic. You can spend 25 NT dollars to get a pork patty and 30 NT dollars to get a



beef patty. However, the red bean patty is a far cry from the others. It tastes not only fluffy but also sweet. The price of it is the lowest among the three flavors, for each one only 15 NT dollars. You can enjoy having patties to your heart content with only a dime! What's interesting, the boss of the stand is really a local Peking man with the feature of his Peking accent, making you feel a sense of exoticism.

The last one is Ken De Li sitting on Linsen Road. We can't get enough of the fried chicken breast and the moist blood cake of the store. The fried chicken breast it sells tastes not only crunchy but also luscious and the moist blood cake tastes chewy with some distinctive sauce making it get along with your stomach. Both of them are under 50 NT dollars but a large quantity that you must try.

These dishes are worth trying. We recommend everyone to come here to give it a try. After doing this, your taste buds will be attacked and you will be haunted by the delicacies that you just can't dismiss from your mind! An oasis of penny cuisine is always welcoming to the food fanatic.



Write For Right—2021 Letter Marathon

Heidi Tsai, Nat Lin

Nowadays, human rights have become an issue that cannot be ignored. Many non-profit organizations across the world are sparing no effort to protect people whose human rights have been violated due to political, racial, sexual reasons, etc.

Organizations whose aim is to conserve development of human rights will make arrangements for some actions to raise awareness of struggling for equality and freedom. Among them, Amnesty International is now a world-wide non-profit organization whose mission is to fight against violations of human rights and to stand up for people who suffer from inhuman treatment.

Write for right—letter marathon is a global movement, held by Amnesty International annually. The purpose of this campaign is to use international public opinion, that is, sending postcards from all over the world to the government which did something against the human rights during the progress of campaign, it will form a type of pressure to the government, and call for the release of people who had been arrested in the path of struggling for equality and freedoms. Additionally, Amnesty International also appeals to the

implementation of human rights. On the other hand, these acts also initiate the attach importance to striving for collective welfare to those who live in relatively safe countries.

In 2021, the important figures supported by Write For Right included Ciham Ali, Mikita Zalatarou, Rung Panusaya, Imoleayo Michael, Janna Jihad, Sphere, Wendy Galarza, Mohamed Baker, Zhang Zhan and Bernardo Caal Xo. Among them, we will introduce two of all the figures to you.

Imoleayo Michael

Imoleayo Michael was taken by the authorities two weeks after attending an #EndSARs protest in October 2020 which saw young people across Nigeria marching against violence, extortion and killings by the Special Anti-Robbery Squad.

After he had been taken away from his family, the Nigerian authorities brought Imoleayo to state security service headquarters where they held him in an underground cell for 41 days without access to a lawyer or his family.

While there, he was cuffed, blindfolded and chained to a steel cabinet. He was also forced to sleep on a bare floor. All he had to eat was some porridge

mixed with stones. Security officers interrogated him a total of five times.

Imoleayo suffered pneumonia and was eventually released on bail in December 2020. He is now facing trumped-up charges of conspiracy with others to disturb public peace and disturbing public peace.

Zhang Zhan

Zhang Zhan, took the risk of writing a report on Covid-19 when it first appeared in Wuhan, China. In February 2020, she decided to travel to Wuhan as a citizen journalist in order to provide on-the-ground information about what was happening there. She reported how government officials had detained independent reporters and harassed families of Covid-19 patients.

Zhang Zhan disappeared in Wuhan in May 2020. She had been taken by the Chinese authorities and detained in Shanghai. The judge sentenced her to four years in prison for "picking quarrels and provoking trouble".

In June 2020, she began a hunger strike to protest her detention, which continues to deteriorate at a dramatic rate. Then, She was admitted to hospital due to severe

malnutrition on 31 July this year and now weighs less than 40kg.

Confronting human rights violations, there is something we can do to help them. First, writing a letter to support the people suffering unfair treatment by the government which violate human rights to particular groups or individuals. Second, donating money to Amnesty International. We can choose a regular or single donation. It will be used to investigate the truth, hold events, and from designing to producing advertisement and postcards to achieve the objective, protecting the dignity and rights of individuals step by step.

"In 2020, Huwei Senior High School held a Write For Rights by Amnesty International. At that time, I joined the volunteer work for this activity. During the time as a volunteer, I needed to prepare each special topic before activity, and designed questions for participants.

Although the process of

this activity is very exhausted, I learned teamwork and took everything seriously." a volunteer who participated in the movement in 2020 said.

"You never know how or when you'll have an impact, or how important your example can be to someone else." Denzel Washington said.

Owing to a series of movements Amnesty International made, many lives, imprisoned by authorities of the government, have been rescued accordingly. Their movement also promotes the process of fairer decision-making in their own country.

By the way, Amnesty International also provides

contact information for their organization, we could make good use of it whenever we are in need.

Email info@amnesty.org.nz
Call 0800 AMNESTY (266 3789)
Mailing address:
PO Box 5300
Victoria Street West
Auckland 1142
New Zealand

We all will not expect the effect we did something, only when we carry it out, so just do it! Just making an effort to uphold human rights: Writing for rights, donating money, or participating in a movement—just do the right things. In this way, we all could make a difference to this world!



Write For Right movement was held in HWSH in December 2020.

Nightmare or Prospect? Students' Opinions on the GSAT

Han-ting Xu, Wen-yi Xie,
Wei-jia Xie

When it comes to the meaning of the college entrance exam, it varies from different people. Some consider it an obligation for senior high school students and the access to universities or unknown future. Others regard it as a test of our academic ability and the chance to improve our knowledge. The others find it meaningless to take such exam that tortures us so much.



Regardless of which above-mentioned answer they chose, without a doubt, it brings us considerable stress. The question comes, "How to relieve stress?" It depends on the hobbies that relax us, such as watching movies, listening to music, sleeping, playing with pets, reading novels, chatting with confidants and so on. Do you find it? All things in common are keeping our minds lucid and finding retreats belonging to ourselves. Confronted with the exam,

frustration and pressure are inevitable. When receiving the transcript, we suffer from the depression of blundering again and again. Perhaps we don't need to bounce back in a hurry because whatever crucial challenges forward, mental and physical health are the most important. Only by balancing our emotions can we continue to persist in our own life path. In addition, the accompaniment of friends is a must for everyone. There is no hurdle sprinting by ourselves, but we can go further shoulder to shoulder.

However, more and more stress is produced, which means that the college entrance exam is approaching. "Do you have any regrets about unfulfilled goals in the previous fifty days?" "What would you say to yourself if you could go back to the previous fifty days?" Striving! Struggling! Cheering up! Don't loaf! Don't goof off! Don't slack off! It's the only thing examiners want to utter. No matter how the outcome goes, we have spared no effort at least. Not to let ourselves down and not to leave any regrets are the best souvenirs of the journey of high school and the past years of youth.

In addition, every examinee must look forward to

applying for an ideal college with flying colors. "What would you say to yourself if you could go to the later fifty days?" "Trust yourself!!!" With three-year effort in high school and sprinting in the last 100 days, head for the path of dreams! You are the best person now."

Every examinee must desire to relax after taking the college entrance exam through endeavoring to prepare for it for two and a half years. "What are



you going to do after the exam?" To most of the students, relaxing and the release of accumulated pressure are the top priorities. The responses of sleeping all day long, reading all the books on the shelves, going outside for a nature-immersing trip and binge-watching to heart's content can function as the illustration that examinees are eager to take a break. Some



students plan to build up their physical condition by cultivating the habit of exercising and doing yoga. The others claimed that it's a chance to fortify their academic performance and prepare for the next challenge of college life. Last but not least, having a driving license is a must for the 18-year-old adults.

Well goes the proverb "an inch of time; an inch of gold." As examinees, we suggest immensely that junior sisters and brothers in the school seize the time to study lest they would be anxious about the lack of time in the future. Apart from studying, exploring what we actually like is significant as well. Only by having a promising dream can we harbor hope when met with myriads of challenges ahead, so just play boldly, as long as we have good time management. Go ahead! Keep moving forward.

Shine Mood Shines Your Mood



Yu-xiang Chen, Yu-xiang Lin,
Yao-yi Huang

Located next to Huwei Sugar Factory and National Formosa University, a snack shop is frequented by college students and local residents. It is SHINE MOOD. The owner is a native of Huwei. He went out to work hard to learn how to make pancakes and returned to his hometown in 2018. He operated the pancake store with the fragrance wafting in the alleys. It attracted people of all ages in Huwei, and accumulated many loyal customers.

The menu of SHINE MOOD changes every month. It will combine with seasonal fruits. The menu changes every month. For example, were it cold now, they have introduced matcha and hot chocolate. People who love matcha

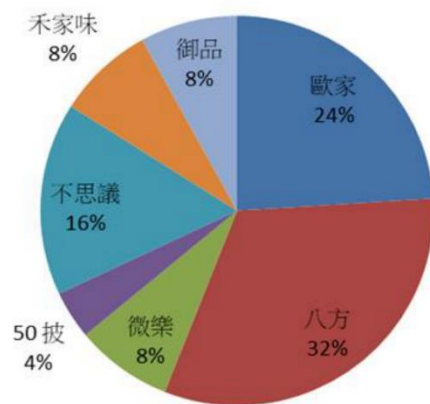
absolutely love it. Drinking a cup of hot chocolate in winter will definitely warm my heart.

All in all, you can go to SHINE MOOD when you want to relax. For people who love dessert, you will love the food there. People who don't like eating sweets may as well go here. There are also different flavors of pancakes for you to choose. If you have a chance, you have to go to SHINE MOOD to enjoy the atmosphere and special dessert.



The Most Popular Restaurants for HWSH Students in Huwei

虎尾好食在



Yu-ting Zhou, Ren-zhen Chen

The pie chart shows the restaurant which Huwei Senior High School students enjoy in Huwei. The most popular restaurant is Bafang Yunji (八方雲集), which accounts for 32%. The second popular restaurant is Oujia Noodle Restaurant (歐家麵館), which represents about quarter. The third is Bu Si Yi (不思議), which is 16%. Then, Yu Pin Korean cuisine (御品韓式美食料理), Villa Life (微樂生活) and Hejiawei Buffet (禾家味) are similarly account for 8%. The lowest part is 50 pizzas, only accounts for 4%.

No. 1 八方雲集

Based on our investigation, students enjoy eating the cuisine of Bafang Yunji the best. As follows are some of

the reasons that they like to eat. At first, it's near school, students can go there on foot, and it only takes 5 minutes. The second reason is that there is a variety of choices that students can order for their dinner so they aren't sick and tired of eating the same meals. Furthermore, the portion size of the meal is enough for students to



eat; besides, it is cheap! Lastly, the environment of the place is so hygienic and well-lighted that the students are fond of eating there and studying there when the food isn't served yet. In conclusion, all of the above are the reason why the students like to eat Bafang Yunji. However, some of the students reflect that Bafang Yunji has a shortcoming. When we make a telephone call to order food, it usually takes plenty of time to deliver food to our destination, even forgetting our order.

Two of the cuisines below are the student's most favorite daily meals. On the top of the picture, it is named signature potsticker. Signature potsticker and Corn chowder are the best couple. Corn chowder only costs

30 dollars. Below the picture of the signature potsticker, it is named Korean spicy potsticker. From my perspective, it is unnecessary to eat it with seasoning since it is spicy enough. Although Korean spicy potstickers are more expensive than signature potstickers, it is worth it for heavy tasting people to order it.

No. 2 歐家麵館

According to graph, the second place where the students like to go is Oujia Noodle Restaurant. As follows are some of the reasons that students like to eat.

First, it's the nearest restaurant for Huwei senior high school students. It only takes 30 seconds. Oujia Noodle Restaurant is nearer than Bafang Yunji. Secondly, most of the food there is Taiwanese traditional food so lots of students and residents like to enjoy dinner there. When you order food at the counter, you can see lots of fresh ingredients displayed in front of you. If you would like to try Taiwanese local food, it is your first choice. In addition, it's really cheap! A meal doesn't even cost 50 NT dollars.



Based on our survey results, we find the reason why Oujia Noodle Restaurant only ranks second. The restaurant's environment is unsanitary. For instance, it's greasy on the table and smoke fills the space, so the result ends up ranking at the second place.

Two of the cuisines below are the student's most favorite daily meals. On the left hand side picture, it's named sesame paste

noodles. When I eat sesame paste noodles from others, I am always tired of it eventually. I think that the above is the reason why many people don't like to order sesame paste noodles. However, sesame paste noodles of Oujia Noodle Restaurant is light and flavorful, and you also can taste some peanut butter inside. The texture of the meal is scrumptious. On the right hand side picture, it's named braised pork rice. You can see lots of braised pork on the top of the rice. You had better not separate them and taste them together. You will indulge in its fragrance.



Huwei TongXin Park

Yu-xiang Chen, Yu-xiang Lin,
Yao-yi Huang

Huwei TongXin Park is a park which is affiliated to the Taiwan sugar factory in Huwei. It is next to the Huwei creek. There is also the Huwei Iron Bridge where influencers love to check in. It is located next to the old Taiwan Sugar employees' dormitory.

It used to be a leisure place where Taiwan sugar employees often went. It has now become a good place for nearby residents to relax on holidays.

There are dense trees in the park. There are also old sugar-making appliances, such as Taiwan Sugar Train and stone carts.

To preserve Taiwan's sugar culture, Huwei sugar factory also established a Sugar Heritage Museum next to the TongXin Park. The museum introduces the development of Taiwan's sugar industry, and it displays many early sugar making equipment and agricultural utensils. How rare antiques they are!

Doraemon in HWSH— An Interview with Xiu-wen Chen



Han-ting Xu, Wen-yi Xie, Wei-jia Xie

"For fun." When we ask Xiu Wen about why he holds the science activities, it's his only response. This fifty-year-old man radiated a splendid smile on his face just like a boy. In fact, the willingness is not so far or honorable. The reasons are that he doesn't want the tedious courses to take up his career as a teacher and the shock he met at the beginning of his college life...

"It's truly unequal for the students in the countryside." He smiled with the crow's feet beside his eyes. In the beginning of his college life, he always kept shivering when he had a presentation in front of others. Seeing that other classmates

living in urban areas uttered fluently on the stage, a sense of inferiority involuntarily came into his mind. On innumerable drowsy afternoons, he listened to the presentation of science exhibitions. With cans of coffee rolling down his throat, the mess in his brain exhausts him. However, subtle pleasure gradually emerged in his mind because of the students' improved presenting skill and the glowing light in their eyes.

"Come on! It's impossible to change the dreams of life because of several activities or campaigns. It doesn't make much difference." When we ask about the influence on students, he always doubts it with modesty. The things he wants his students to recall in their high school life are not just boring studying, but unforgettable memories—watching the water rocket shooting to the sky with carefree laughter, lingering about whether to give up the engineering subject toward the complicated breadboard and the Doraemon that always stands beside with a mild smile—Xiu Wen has no regret.

Xiu Wen Chen claimed that his will is the desire to enjoy

the holidays because teachers have summer and winter vacations. He replied with a grin. Afterward, he went to Tamkang University and majored in physics because of the failure in the college entrance exam. After he finished the degree of the profession, he started to teach physics in a private school and commenced his life as a teacher for 27 years. Since 2001, he has taught in HWSH for decades and reached the age of 50.

"Students are cute, especially those in HWSH." When we asked him about the motivation of teaching, he replied with satisfaction. "Actually, teaching is a pleasant thing. I only hope that the students' impression of the high school teacher is not hatred and compliant."

"Sparing no effort to teach." When we asked about his attitude toward teaching, he replied rapidly. "In the beginning, I did take the grade seriously and was always angry with it, but I didn't care

about it afterward. Those who are willing to obey his rule would obey it."

"Officially speaking, find your interest. But, it's actually difficult." He smiled again. In fact, study is a responsibility for parents, teachers and especially ourselves. Try to ask yourself "Would you regret it after years?" If not, just do it!

"Do your level best and leave the rest to God's will." That's what Xiu Wen Chen wants to talk to examinees. "Do your best! Don't leave yourself regretful. No matter where you start your college life, live carefree like a tree and live a happy life in earnest. Despite encountering the frustration, cry over it and stand up again. I'm a crybaby, too. After crying, just cope with the emotion. Continue to move forward and unfold a new life."



Drink coffee at a historic site— Starbucks in Huwei



Bo-shen Huang, Xiang-hong Zhang

Starbucks in Huwei located in Yunlin Huwei, the Starbucks in Huwei is a cafe that its building is full of history. The building used to be the police station and fire station during the Japanese occupation. However, the coffee shop still retains the buildings left over from Japan occupied time, such as the sliding pole of the fire station, the logo of the police station. Additionally, the exterior of the building is full of Japanese flavor. The marks on the walls represent the years he has experienced. People are attracted to its appearance before entering into the buildings.

In Huwei Starbucks, because I am quite a layman for coffee, I ordered a cup of chocolate cocoa shards for Frappuccino. This is one of the recommended Starbucks drinks on the internet, and I personally love it. However, what I like most about Starbucks is its comfortable environment. Ordering a

Starbucks drink in the afternoon, sit in the window seat and look out the window to think about life. It also offers a space for us to relax as busy as we work.

As for me, I have a high opinion of Huwei Starbucks. So, I recommend that everyone find a time to experience it here. I'm sure you will all like it.



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Opinions

How High School Students Relieve Stress Before GSAT

Ya-xuan Xu, Hui-jie Zhuang,
Guan-yu Liu

In the face of the GSAT examination, the stress is doubled for high school students. The stress comes from the students are unable to read the book thoroughly. Their simulated examination is not ideal, and they couldn't apply what they had learned. These may make students feel stressed, and the pressure of these stress may indirectly lead to mental collapse, resulting in abnormal performance on the day of the examination.

Some students are getting more and more collapsed because they have to cope with preparing for the test and schoolwork. But others can cope with it with ease, one of them is that they know how to relieve stress.

According to interview and forms, the results show that half of the people will choose to listen to music to relieve stress. High school students can not only improve mood and anxiety but also improve memory by listening to music. Moreover, they can use it to promote sleep quality and make them feel happy.

The second highest choice is to eat food. Students using food to create an emotional connection makes

them feel better. They don't just eat to satisfy physiological hunger, and use food to satisfy their emotional needs.

The third highest choice is to exercise. As a student, sitting in a chair for a long time is inevitable. It is easy to cause health hazards. Stress can also cause the symptom of muscle tension, even shoulder and neck pain. Exercise can temporarily forget unpleasantness and relieve stress. The body will mobilize muscles and make the whole body tense. After reaching a certain level, the brain will command the whole body to relax and achieve a comfortable effect. We also interviewed one of the classmates. He strongly pointed out that exercise not only made him full of confidence but also made him forget his worries and be full of joy.

The high school students will relieve stress by sleeping and watching movie. What's more, they also will read novels. We have collected the data from the current state of the third year students. If you are also under stress, you can use these methods to relieve the stress.

Why High School Girls Like Korean Dramas?

Ya-xuan Xu, Hui-jie Zhuang,
Guan-yu Liu

Many female students like to watch Korean dramas in their free time. Why are they so obsessed with watching drama even though they know that the romance of Korean dramas is not real? There are various reasons why they like to watch Korean dramas. One of the top reasons is that they like the main characters in the drama. Korean stars look good, whether they are male or female. Women are beautiful, and men are handsome. It conforms to the looks of Prince Charming and Snow White in the hearts of girls, and even many people are acting for their favorite idols, so they are willing to watch the entire Korean drama and are deeply fascinated by the performers.

The second reason is that these women are looking forward to the beautiful love in the drama. The plot in Korean dramas is as sweet as the honey in ordinary life. Women who are born romantic and fanciful face emotional setbacks through watching Korean dramas can also gradually continue to be full of hope for love. Some people even pointed out that Korean dramas are almost filmed based

on women's psychology, which can give them a desire for a better love in the future.

The third highest is being attracted by the plot. Some people choose different types of Korean dramas to choose to watch, such as suspense, romance, thriller, etc. The suspense reasoning type makes people think about the plot direction all the time, romance The plots are more in line with the fantasy of girls, and some people prefer to watch Korean thriller-type Korean dramas. Among them, the students we interviewed recognized that the structure of the plot is a very important link in her view of the elements of Korean dramas.

Nowadays, watching Korean dramas has become a common hot topic for most women, and Korean dramas have gradually become diversified. Korean dramas are also more able to show some beautiful things, bringing longing and happiness to women. The performance methods in the drama are close to life. The actors express the inner emotional world of the characters vividly, giving people a feeling of being on the scene, deeply moving and infecting the audience.

The Teacher's View on The 108 Curriculum Guidelines

Chong-lun Lai

The 108 curriculum guidelines were officially launched, and the education sector has also caused a disturbance.

According to a survey from the Ministry of Education, 84% of the teachers have participated in the workshop or listened to some speech about the 108 curriculum guidelines. However, in the face of the brand-new curriculum guidelines, only 20% of teachers believe that they are ready, and more than 10% of teachers do not know the actual benefits of it.

Obviously, the promotion of the new curriculum has created contradictions.

The following two points are the problem:

What is the definition of "competence"? Teachers are so confused.

There are different opinions on the definition of "competence". Nevertheless, The Ministry of Education explains competence in a more abstract way. It is difficult to make a very clear definition, but it still needs to be communicated to the school in relatively clear language and standards.

At this stage, school teachers' spirit of the new curriculum

guidelines is "diversified views." Therefore, there are many courses that appear to be "diversified and open" on the surface, but in fact they are full of tricks, and the content is flawed and logically contradictory.

The quality of elective courses is uneven. Are there any standards in courses?

In order to attract students to choose courses, many teachers think about how to name the courses.

Although innovation is good, it focuses too much on superficial activities and ignores the core of the curriculum, as well as the knowledge and abilities that students hope to learn from it.

In addition, before these courses go on, the school must first review the overall course plan at the school's class conference and send it to the central government for a second review.

As reviewing the design of such courses, the Central often does not ask strict requirements, so as not to eliminate innovation, but it also leads to the appearance of some courses with mixed advantages and disadvantages.

For teachers, the new curriculum is very challenging, and teachers have to spend extra effort to face it.